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Hi Diab-Edis!

Hello to new faces and hello to those who've been able to join us already!

We have had three meet-ups since starting in November and are looking forward to so many more!

We have two exciting meet ups this month, one is right around the corner this Wednesday so book your space below!

April Events!



Diabetes Edinburgh X Papercut Punk at Support the Makers Wednesday April 5th 18:30-21:00 (arrive from 18:30)

We are partnering up with Carmen from [Support the Makers Gift Shop](#) on 101 Easter Road and Ruthie Watt, [Papercut.punk](#), for a 2 hour relaxed beginner's DIABETES THEMED paper cutting workshop!

(All designs are cut from templates so no drawing skills are necessary although she fully encourages adapting and rebelling!)

- The workshop price of £30 covers:
- the 2 hours private use of the venue for our group to connect with others living with diabetes through a creative workshop!
 - the 2 hour workshop itself with the fabulous Ruthie Watt
 - Complimentary Teas/ Coffees (dairy, coconut or almond milk options)
 - a beginners kit to take away so you can carry on cutting at home!
 - there will be lots of different designs to choose from on the night.

This workshop is being held exclusively for people living with diabetes and the templates for the evening will be diabetes themed - there are only 8 places (10max) so please be sure to book your spot asap.

[Reserve Your Space Here!](#)



Type all Taco Thursday

Thanks so much for joining us at the last one, it was great to see everyone!

Our next one is on April the 13th at 18:30pm again at The Dog House in Newington! Come along for food, drinks and to chat with others living with diabetes! The Dog House very kindly make awesome sugar free cocktails for us!

[Reserve Your Space Here!](#)



Future Events!

Future events

We want to facilitate events, activities, and meet-ups for people with diabetes by people with diabetes!

We would love to know what you want to see organised. Pop your suggestions in the form below!

(We will always welcome suggestions if you can't think of anything right now!)



Volunteer with us!

We would love to run more meet ups, activities, and events - but need more hands on deck to do this well!

Please get in touch via diabetesedinburgh@gmail.com if you would like to join the team Diabetes Edinburgh in any capacity! We need help with

- Events coordination
- Meet up coordination
- Social media management
- Newsletter writing

[Complete our Suggestion and Volunteering Form Here!](#)

Lastly, and Most Importantly, Thank You!

Thank you firstly to YOU, whether you have joined one of our meet ups so far, or for subscribing so you can join future events, for helping develop an event, or thank you in advance if you're going to come along or have an idea for an event or meet-up!

A huge thank you to Mhairi MacDonald from Diabetes Scotland who has been incredibly supportive with getting this group initiated, and came along to our last meet up! The group would not have started without her support so thank you so much Mhairi!

A huge thank you to Santiago, who has not only supplied us with one, but two awesome raffle prizes of goodies for our events so far, who designed our awesome DiabEdi logo, and this mailchimp template so we can send lovely looking newsletters! Also a huge happy birthday to Santiago!, he dropped by the Taco Thursday to say hi amidst birthday celebrations!

A massive thanks to May and Ian from the brilliant West-Lothian support group who have dropped by two of our meet ups and who have been sharing about our group on their newsletter and our updates. The group are absolutely fantastic and do wonderful things for people living with diabetes!

Thank you to all who have been involved with the events to date (looking forward to this list growing and growing:

Of Wonderful People: Mhairi Macdonald, Norma Fraser, Alison Templeton, Alex Durussel-Baker, Santiago Paulos, Carmen Chalmers, Ruth Watt

and of Wonderful Venues: Sierra Metro, The Basement, The Dog House, Support the Makers Giftshop.

Thank you all,
Jean, Alison, Norma!



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